

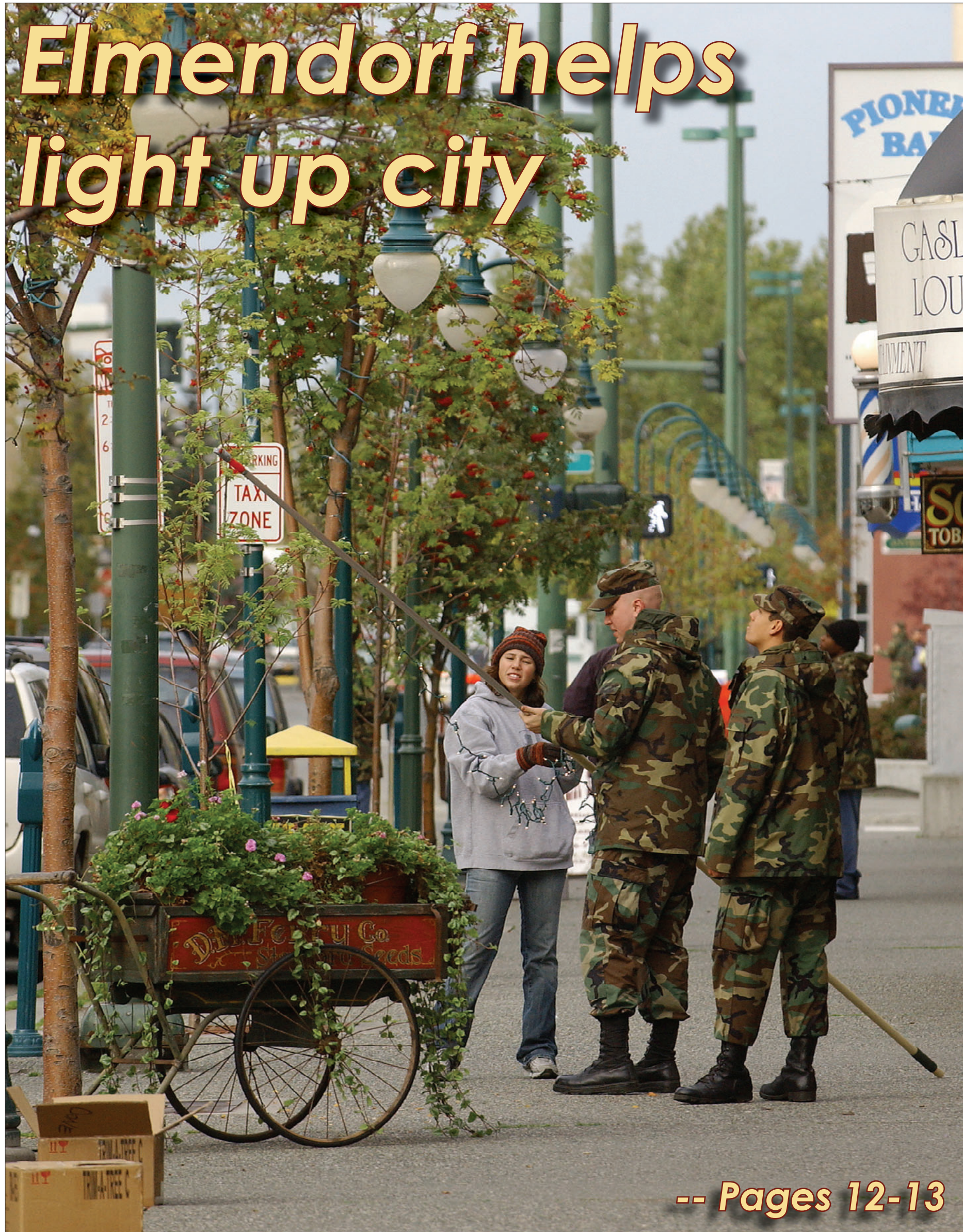
# The Sourdough

S E N T I N E L

Oct. 7, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 40



-- Pages 12-13

PHOTO BY TECH. SGT. KEITH BROWN



# Alaska is a better place .... because of you

By **Lt. Gen. Howie Chandler**  
*Alaskan Command commander*

As I depart Alaskan Command and the Great Land, I thank each of you – military, civilian employees and family members – for your tireless support and dedication to our vital missions in Alaska and around the world.

Because of you, the hardworking men and women of Alaskan Command, Joint Task Force – Alaska, Alaskan North American Aerospace Defense Command Region, and Eleventh Air Force, Alaska is a better place to live and work. You met every challenge head-on – and excelled. The military in Alaska will continue to lead the way from our polar vantage point; and I’m confident that the

joint interservice and interagency work we do here to protect Alaska against natural and human-made disasters will continue to develop in exciting and innovative ways.

To our civic and government leaders, thank you for your enduring commitment to the military in Alaska. In all matters that impact our forces – from operational plans and policies, to the concerns and welfare of our military families – you have consistently been close allies. I appreciate your support and generous contributions.

Finally, to all our friends and neighbors in the Anchorage bowl and across the state, Eva-Marie joins me in sending all best wishes for every future success. We are privileged to have been a part of this wonderful community, and as



U.S. AIR FORCE PHOTO

**Lt. Gen. Howie Chandler**

we reflect back on our time here, we agree there is no finer place in the Air Force to live and work than Alaska.



**Staff Sgt. Yanitza Campbell**, 3rd Operations Group, exhibited great professionalism while providing exceptional support to the 3rd OG Command Section.

With the 3rd OG information management specialist deployed, she provided invaluable assistance rebuilding the 3rd OG website to meet new 3rd Wing standards.

While maintaining her primary duties at the standards and evaluations section, she also volunteered to lead the information management career field Unit Compliance Inspection preparation for the 3rd OG.

**Staff Sgt. Dorina Leeper and Senior Airman Jamie Zickur**, 3rd Equipment Maintenance Squadron, attention-to-detail was evident during a special inspection on 720 smoke grenades.

Upon noticing a hazardous factory-packed grenade, they took charge and evacuated munitions inspection, while simultaneously notifying supervision and munitions control.

Both individuals saved six lives and ended a potential explosive incident.

**The Simplified Acquisition of Base Engineering Requirements (SABER) Element**, performed exceptionally while managing \$3.8 million in end-of-year construction requirements.

More than \$145,000 in construction projects were awarded and \$567,000 in requirements were designed and sent to the 3rd Contracting Squadron during this time period.

Additionally, \$1.3 million in ongoing construction was managed.

## ALCOM change of command

The Alaskan Command, Eleventh Air Force, Alaskan North American Aerospace Defense Region, Joint Task Force - Alaska commander change of command is scheduled for 10 a.m. Tuesday at Hangar 1.

Military personnel are encouraged to attend and the dress is uniform of the day. General attendance parking with shuttle service to Hangar 1 is available from the parking lot in front of the People Center (old Commissary parking lot), base gym, base theater, Family Center, and the Sijan Ave. parking lot between Wewak Dr and Rickenbacker Ave. Pre-ceremony shuttle service begins at 8:15 a.m. and runs until 9:40 a.m. Hangar 1 opens to seating at 8:15 a.m.

Uniformed military members manning the parking lots can assist in directing people as needed.

Shuttle service will restart immediately following the ceremony and continue until no longer needed. All general public pedestrian traffic flow into Hangar 1 starts through the gate behind 3d Wing Headquarters (base side of the control tower). Once through the gate, follow the cones and ropes to the side entrance.

## AF Climate Survey underway

The factors that impact your day to day environment, including leadership and the availability of resources, also impact your unit’s success.

Through the Air Force Climate Survey, leadership obtains honest evaluations and feedback from you – the people that make the organization work.

Leaders will use the information gathered from the Air Force Climate Survey to improve the climate and ultimately improve the organization’s effectiveness and productivity.

You are the key to shaping the world’s greatest air and space power – the United States Air Force.

When you take the Air Force Climate Survey, you speak today and shape tomorrow.

This year’s survey consists of four sections: Organization Climate factors, Enduring Competencies, Command-specific questions, and AF-analysis questions.

Members will select their unit and respond to climate factors referencing their unit.

Next, respondents will select the rank/grade at which their immediate supervisor works.

Members will then rate their immediate supervisor on the Enduring Competencies. Command-specific and AF-analysis questions will follow.

The 2005 Air Force Climate Survey Final Reports consists of three sections: Climate section, Enduring Competencies section, and the Command-specific section.

The survey is available now through Nov. 23 and can be found at <https://afclimate-survey.af.mil>.

For more information, or to find out who your unit representatives are, call Penny Mosher, 3rd Wing Mission Support Squadron manpower and organization flight, at 552-4455.

*(Courtesy of Air Force Manpower Agency Public Affairs)*

The following commanders stand ready to help you and can answer the majority of your questions. If they can’t help, then please call the Action Line.

### Key phone numbers:

- Col. Mike Hass, 3rd CES/CC 552-3007
- Maj. Mark Allen, 3rd SVS/CC 552-2468
- Maj. Mitch Bird, 3rd SFS/CC 552-4304



**Brig. Gen. Hawk Carlisle**  
3rd Wing commander

Do you have a problem you can’t seem to get solved? Would you like to recognize someone for a job well done? The commander’s action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Hawk Carlisle. Your calls will get the commander’s personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

**552-2224**  
**actionline@elmendorf.af.mil**



**The Sourdough**  
SENTINEL

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**Best in DoD 2000**  
**Best in Air Force**  
**1999, 2000 & 2001**  
**Best in PACAF**  
**1998, 1999, 2000 & 2001**

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**Tech. Sgt. Keith Brown**  
Photographer

## Moment in History

**Motto:** “Keystone of the North”

**Significance:** The heraldic shield of the Alaskan Command portrays the massive polar bear in a pose assumed by mammals of his species when sensing danger and preparatory to taking action. The character of the displayed terrain, which is generally mountainous and snow-covered, rising precipitously from the sea, typifies the territory of Alaska as does the midnight blue background of the Arctic night, which prevails for long periods throughout the area. The sky, land, and sea are representative of the basic responsibilities of the three services, which together comprise the unified command; while the three lighting bolts portray the awesome and instantaneous striking power of the weaponry within the three component commands.





## Fire Prevention Week Proclamation

**W**HEREAS, Elmendorf AFB is committed to ensuring the safety and security of all those living in and visiting our base; and

**W**HEREAS, fire is a serious public safety concern both locally and nationally, and homes are the locations where people are at greatest risk from fire; and

**W**HEREAS, the nonprofit National Fire Protection Association (NFPA) has documented through its research a significant increase in home candle fires, even as most other causes of home fires have steadily declined; and

**W**HEREAS, Elmendorf AFB's first responders are dedicated to reducing the occurrence of home fires and home fire injuries through prevention and protection education; and

**W**HEREAS, Elmendorf AFB's residents are responsive to public education measures and are able to take personal steps to increase their safety from fire; and

**W**HEREAS, using proper care with candles will have a positive effect on the home fire problem; and

**W**HEREAS, each candle fire that is prevented in Elmendorf AFB is an opportunity to prevent painful injury and costly property damage; and

**W**HEREAS, the 2005 Fire Prevention Week theme, "Use Candles with Care: When You Go Out, Blow Out!" effectively serves to remind us all of the simple actions we can take to stay safer from fire during Fire Prevention Week and year-round.

**T**HEREFORE, I Scotty E. Lewis, 3rd Wing commander, do hereby proclaim October 9-15, 2005 as Fire Prevention Week throughout the wing, and I urge all the people of Elmendorf AFB to heed the important safety messages of Fire Prevention Week 2005, and to support the many public safety activities and efforts of Elmendorf AFB's fire and emergency services.

*//Signed//*

**SCOTTY E. LEWIS, Col, USAF  
Commander**

## Fire Prevention Week Schedule of events

<b>Tuesday</b>	
9-9:30 a.m.	Fire Drill, Chid Development Center, unannounced
9 a.m.-2:30 p.m.	Display at Joint Military Mall, Safety Trailer
10-10:30 a.m.	Orion School, activities
10-11:30 a.m.	Ursa Major School, activities
1:30-3:00 p.m.	Ursa Minor School, activities
1:30 p.m.	Housing briefing
2:30-3 p.m.	Fire Drills, Dorms, unannounced Mt. Spurr School, activities
<b>Wednesday</b>	
9-9:30 a.m.	Fire Drill, CDC, unannounced Fire Drill, Youth Center, unannounced
9 a.m.-2:30 p.m.	Display at Joint Military Mall, Safety Trailer
9 a.m.-4 p.m.	Bldg. 7 Fire Warden Training
9:30-10:15 a.m.	Bldg. 6 CDC, Ft. Richardson, activities
10:30 a.m.-noon	Bldg. 337 Part-day Program Ft. Rich, activities
11 a.m.	Newcomers briefing, Fire Station 2
2-3 p.m.	Fire Drills, Dorms, unannounced
2:30-3 p.m.	Aurora School, activities
<b>Thursday</b>	
8 a.m.	Fire Drills, Dorms, unannounced
9 a.m.-2 p.m.	Hot-work permit class Display at Joint Military Mall, Safety Trailer
9:30-10:15 a.m.	Bldg. 6 CDC, Ft. Rich, activities
10:30 a.m.-noon	Bldg. 337, Part-day Program Ft. Rich, activities
<b>Oct. 14</b>	
9 a.m.	Safety Trailer, Ft. Rich
10-10:30 a.m.	Poster contest winners, Mt. Spurr School
10 a.m.-2 p.m.	Open House, Station 4, Ft. Rich
1:15-1:45 p.m.	Poster contest winners, Aurora School
2:15-3:45 p.m.	Poster contest winners, Orion School
<b>Oct. 15</b>	
11-11:30 a.m.	Parade from Joint Military Mall to Fire Station 1
11:30 a.m.-3 p.m.	Open House at Station 1
noon-12:45 p.m.	Fire hose pull
1:00-1:45 p.m.	Equipment demo, Fire Station 1
2-2:45 p.m.	Bunker Drill Relay (teams of two), Fire Station 1
2:30 p.m.	Grand prize drawing for a mountain bike at Fire Station 1; must be present to win

# Elmendorf gets ready for Fire Prevention Week

In an effort to battle home fires before they start on Elmendorf and Ft. Richardson, the 3rd Civil Engineer Squadron fire and emergency services are taking a lead role in National Fire Protection Association's Fire Prevention Week, Sunday-Oct. 15.

The Fire Prevention office will host events that will not only entertain, but educate the public about frequent and often deadly fire related issues.

Events and activities are geared toward raising fire safety awareness, helping attendees prevent injuries and fires, especially at home.

"Many people don't realize that they are at greater danger

from fire at home than anywhere else," says assistant for Fire Prevention, Ford Brooks. "Fortunately, there are many things residents can do to turn that around and make their homes safer.

"Fire Prevention Week is the time when we reach out to the community one-on-one, teaching people of every age how to prevent fires. This year, we'll be focusing particularly on candle fires, a serious and growing part of the fire problem."

Fire Prevention Week has been sponsored by NFPA for 83 years and is proclaimed by the President of the United States each year.

The longest running safety commemoration is the premier

fire safety program of the fire service, drawing the participation of Elmendorf Fire and Emergency Services and other fire departments in the U.S. and Canada.

NFPA selected the 2005 Fire Prevention Week theme in order to highlight a growing home fire concern. The theme, "Use Candles with Care: When you go out, blow out!" is a memorable and effective safety message.

Home candle fires have risen steadily over the last decade.

In addition to using candles safely, Elmendorf and Ft. Richardson residents are urged to ensure that smoke alarms are installed on every level of the home and kept working with monthly

testing and annual battery replacement.

All smoke alarms should be replaced with a new unit after 10 years.

Each member of the household needs to know the fire escape plan, and all should practice it twice a year.

Elmendorf and Ft. Richardson residents who want to learn more about candle safety and all forms of fire prevention or to find out more details concerning Fire Prevention Week activities can contact the Fire Prevention office at 552-2620.

*(Courtesy of the 3rd Wing Civil Engineer Squadron Fire Prevention Office)*

# Top Alaska commander proud to lead

## Gen. Chandler excited about the future

By Master Sgt. Tim Hoffman  
Alaskan Command Public Affairs

The outgoing leader of the 21,000 military members in Alaska is impressed with the people he’s led here and is excited about the challenges they face today and in the future.

“We have a lot of things on our plate,” said Lt. Gen. Carrol H. Chandler, commander of Alaskan Command, Alaskan North American Aerospace Defense Command Region, 11th Air Force and Joint Task Force – Alaska. “From the war on terrorism to right-sizing our forces to meet the enemies of today and tomorrow, our people are stepping up and taking on those challenges.”

One hurdle military members are bounding over is the high operations tempo.

“We are in the middle of the largest deployment of military folks from Alaska since the Vietnam war,” said the general. “We have more than 5,200 military – active, guard and reserve – and civilian employees deployed today. They are playing a huge part

in the war on terrorism.”

The general, who has been the top military commander in Alaska since May 2002, pointed out that every unit in the state is getting a chance to show their mettle this year.

“The 172nd Stryker Brigade Combat Team is deployed to Iraq, Guardsmen are supporting hurricane relief efforts, the 3rd Wing is in an AEF (air expeditionary force) rotation, and the 354th Fighter Wing is getting ready to go back to the Middle East,” said General Chandler. “This year has been busy, and next year looks like more of the same; in fact, it looks like we will have even more folks deployed – up to 6,000.”

To help the military better meet those deployments and other critical missions, it’s important to have the right infrastructure and right forces. That “right sizing” is being done through the recent base

realignment and closure commission recommendations and other service-specific decisions.

“Once BRAC is approved there will be several large muscle movements at Alaska’s installations,” said the general. “Working as well as we do with the Guard – we are more intertwined here than anywhere else I’ve seen – will set us up well for the integration and movement of Kulis (Air National Guard Base) to Elmendorf. This will help us gain many efficiencies, and at the same time it will give back property to the airport to help them meet future development needs. This is a win-win for the community and the military.”

The general was also excited about the future of Eielson AFB, near Fairbanks.

“The realignment of Eielson was very emotional,” he said. “Now that we know that the F-16 mission will stay, I believe we have set the stage for more train-

ing there through an expansion of Cope Thunder activities. The Cope Thunder exercises provide some of the best training available anywhere in the world for our pilots, and we need to capitalize on that.”

In the Anchorage area, the combining of Fort Richardson and Elmendorf into one installation will also save both the Army and Air Force money and manpower.

“We have already combined some areas where we didn’t run into Air Force or Army bureaucracy,” said the general. “The combination of the two fire departments is one good example. They both train to the same national standards, so it was easy to combine them.”

Looking outside Alaska and toward his new position as Deputy Chief of Staff for Air and Space Operations, Headquarters U.S. Air Force, in Washington, D.C., the general plans to work hard on the Air Force Chief of Staff’s top concerns.

“Our priorities are clear — the war on terrorism, taking care of and developing our people, and modernizing the oldest fleet ever,” said General Chandler. “I look forward to those priorities and know that back here in Alaska, military members will continue to do their part to make us an effective fighting force.”

*“We have a lot of things on our plate. From the war on terrorism to right-sizing our forces to meet the enemies of today and tomorrow, our people are stepping up and taking on those challenges.”*

— Lt. Gen. Carrol H. Chandler  
Commander, Alaskan Command





U.S. AIR FORCE PHOTO

## Gen. Myers retires; Gen. Pace takes JCS helm

Gen. Richard Myers, 15th chairman of the Joint Chiefs of Staff, congratulates Marine Corps Gen. Peter Pace on becoming the 16th chairman of the Joint Chiefs of Staff at Ft. Myer, Va. Sept. 30. General Myers retired after more than 40 years of service, as General Pace became the 16th Chairman and first Marine to hold the nation's highest military position. Gen. Myers was appointed by the president as the 15th chairman of the Joint Chiefs of Staff on Oct. 1, 2001, and reappointed to a second two-year term in 2003.

## Arctic Warriors selected for Lt. Col.

### *3rd Wing*

✿ Frank Bird, 3rd Security Forces Squadron

✿ Bradley Bistodeau, 3rd Wing

✿ Jerry Lawson, 3rd Medical Operations Squadron

✿ Mark Lee, 3rd MDOS

### *11th Air Force/Alaskan Command*

✿ Keith McIlvoy, 611th Air Operations Squadron

✿ James Law, Alaskan Command



Columbus Day

Monday is a Federal Holiday and may be observed as such by 3rd Wing organizations that are able to.

There are 3rd Wing assets, primarily the 3rd Operations Group and the 3rd Maintenance Group, that will have normal military operations due to Cope Thunder flying operations and/or Eleventh Air Force change of command preparations.

Ultimately, regardless of your group, group commanders are being given latitude to relieve personnel for the day or require duty, as applicable. Standard rules apply to civilians.

Oct. 28 will be a 3rd Wing Family Day for all wing members.

**Fit Factor**

This Air Force Youth Fitness and Health initiative is scheduled to kick-off Saturday, noon to 3 p.m., at the Kashim Club.

The program is designed to stimulate interest and encourage youth, ages nine to 18, to Get up, Get Out and Get Fit.

There will be fun, food, games and prizes. For more information, call Jessie Dutton at 552-2266.

**Family Support Center**

■ A Spouse Connection Potluck is Saturday, noon to 2 p.m. at the FSC. Come enjoy friendly support, conversation and food.

■ A Bundles for Babies class, designed for parents-to-be or new parents is Oct. 27, at the FSC at 9 a.m.

The class explains what resources are available and a free gift is provided to attendees.

For information or to register, call 552-4943.

**Tire changeover**

Spouses and family members of deployed servicemembers can contact the Chapel Center or the member’s first sergeant for a voucher to have their studded tires installed.

The service is performed by Johnson’s Tire Service and vouchers expire Sunday.

For information, call the Chapel Center at 552-4422.

**Jewish Holidays**

The most important Jewish holidays are called the High Holy Days.

Yom Kippur is the Day of Confessions/Atonement. It begins at sunset Wednesday and ends Thursday at sunset.

For information about High Holy Days services, call the Chapel Center at 552-4422.

**Email upgrade**

Starting Monday, Pacific Air Forces Network Operations and Security Center and the 3rd Communications Squadron will implement an upgrade to the Microsoft

Exchange servers to Microsoft Exchange 2003. No desktop computer changes will be necessary, but users might notice some intermittent connections with the base email servers. If you have Outlook open while your mailbox is being moved from one server to another you will get an error. Close Outlook and then reopen the program at least ten minutes later.

With the new system, users will be able to access their calendar and inbox as well as search through the Air Force global email address list through their webmail. It will also help prevent computer viruses, blocking junk email, and spam.

**Annual Blessing of Animals**

This yearly event is scheduled for Sunday at 4 p.m. outside of Chapel 2.

All are invited to bring their pets, large or small.

For information, contact the Chapel Center at 552-4422.

**Home buying seminar**

Elmendorf Housing office offers a home purchasing seminar Oct. 24 at 1 p.m. at the Housing Office, 6346 Arctic Warrior Drive.

The class lasts for two to three hours. There is limited seating. Please call early for reservations, 552-4439/4328.

### Arctic Bazaar

The 20th Annual Arctic Bazaar is scheduled Oct. 15 in Hangar 5 from 9 a.m. to 5 p.m.

For vendor information, call 694-1106.

For volunteer information, call 644-4728.

### AAHC talent competition

The African-American Heritage Council is hosting a talent competition from 5-9 p.m. Oct. 22 at the base theater.

For information, email *karisha.robinson@elmendorf.af.mil* or call 552-2370.

### Haunted House help

The Fall Fest Haunted House is Oct. 28-30 at the Yukon Activity Center.

Volunteers are needed to build the house, sell tickets, act as guides and work as various monsters and ghouls. For information or to volunteer, call 552-8529.

### Spouses’ Autumn Celebration

All military spouses are invited to attend this complimentary event Oct. 28 from 11 a.m. to 3 p.m. at the Lee Reserve Center at Ft. Richardson.

There will be cooking demonstrations, Fitness Ball demonstrations, yoga demonstrations, gardening tips, nutritional tips, scrap booking and stamping tips, and much more.

Food will be served and activities will be available for children.

The event is sponsored by the Armed Services YMCA, Army Community Service and the FSC.

For information, call Judy Atkins at 384-9622, Marv Jackson at 384-0272, or Sheila Braeutigam at 552-9290.

### Traffic regulations

On-base traffic violations are addressed through the legal office’s federal magistrate court program.

If a traffic citation is received on-base, members have the option of either paying the fine or contesting the citation in the U.S. Magistrate Court in downtown Anchorage.

For information on this program, call Capt. Peter Kezar at 552-3046.

### Hispanic Heritage Observance Month

The HHM committee is sponsoring a food sampling and pinatas event Saturday from noon to 3 p.m. at the Chapel annex 1. All active duty and civilian family members are invited.

### Dining facility closure

The Kenai Dining Facility, located on Arctic Warrior Blvd., will be closed through Feb. 7, 2006.

The Iditarod Dining Facility, located at 7535 Sharp Ave, and the Kenai Flight Kitchen will remain open for business.

### Free tickets

The University of Alaska Anchorage Athletic Department has free tickets to select events.

Tickets are available at the Base

Education Office on Elmendorf and Ft. Richardson on a first-come, first-served basis.

For information, call 786-1293.

### BSA Troop 190

Meetings are every Monday from 7-8 p.m., except federal holidays, at Bldg. 10441, next to the Post Office.

For information or to join, call Art Gow, scoutmaster, at 552-6222 or 770-0798.

### Housing residents

Aurora Military Family Housing representatives are now authorized to issue parking citations in the housing areas.

Copies of the citation will be given to 3rd Security Forces Squadron and the member’s respective first sergeant.

### Weapons registration

All military members residing in base housing, temporary lodging, and dormitories must register their privately owned weapons with the 3rd Security Forces armory.

Housing residents may store their weapons in quarters but must ensure the use of gun cabinets, mechanical locks or other safety devices to render it inoperable.

Weapons are not authorized in the dormitories or temporary lodging units.

These weapons must be stored in the 3rd SFS armory upon arrival.

For information, call the 3rd SFS at 552-6576.



## Chapel Schedule

### Catholic Parish

- **Monday through Wednesday and Friday Mass:** 11:30 a.m. at the Chapel Center
- **Thursday Mass:** 11:30 a.m. at the Hospital Chapel
- **Sunday Mass:** 10:30 a.m. at Chapel 1
- **Sunday Evening Mass:** 5 p.m. at Chapel 2
- **Confession:** 6 p.m. Sundays at Chapel 2

### Protestant Sunday

- **Liturgical Service:** 9 a.m. at Chapel 2
- **Celebration Service:** 9 a.m. at Chapel 1
- **Gospel Service:** noon at Chapel 1
- **Fellowship Praise:** 6 p.m. at Chapel 1

### Religious Education

- **Catholic Religious Education:** Sunday at 9 a.m. at the Chapel Center.
- **Protestant Sunday School:** 10:30 a.m. at the Chapel Center.

For more information, call the Chapel at 552-4422.



# Arctic Warriors of Week



COURTESY PHOTO

## Staff Sgt. Vy Koy

**Duty title:** 386th Expeditionary Mission Support Group, deployed from the 3rd Mission Support Squadron

**Deployment experience:** “Things are pretty good here. It is quite hot though.

“I’m making the most of my time here and it sure has gone by quickly. Even though this place isn’t as green as Alaska, it’ll be fine. I have friends sending me pictures of Alaska and it makes me miss home very much.

“The (Personnel Support for Contingency Operations) folks here are great. They are awesome to work with and we all get along. The food here is quite good. I live in tent city; I have not been able to sleep through the night without waking up at least once or twice in the middle of night. Tech. Sgt. George Saunders gave me ear plugs but I still wake up several times a night looking for them since they fall out. Work is busy so that is where I spend most of my time.”



PHOTO BY STAFF SGT. ALAN PORT

## Staff Sgt. Aron Beaver

**Duty title:** 3rd Aerospace Medicine Squadron, bioenvironmental engineering supervisor

**Hometown:** Wingate, NC

**Hobbies:** Mountain biking, white water rafting, snowboarding, fishing, eating sushi

**Mission Contributions:** Ensure Arctic Warriors are 100 percent deployment capable by gas mask fit-testing, performing industrial hygiene surveys in shops on Elmendorf to ensure compliance safety and ensuring safe drinking water for all the base residents by weekly bacteriological sampling.

**Time at Elmendorf:** Two years, 10 months

**Time in the Air Force:** Nine years, four months

**Best part of being in Alaska:** I like the people and heritage of Alaska. I like the mountains which provide me a playground during the summer and winter months.

**Supervisor’s comments:** “Staff Sgt. Beaver has stepped up as NCOIC of environmental protection repeatedly excelling in all his duties and responsibilities. He is a true Arctic Warrior who has the dedication to the enlisted corps and Elmendorf.” Capt. Roger Lee



## Article 15s

An airman with the 732nd Air Mobility Squadron received a vacation action for arriving to work late and missing his Alcohol and Drug Abuse Prevention Program appointment.

A vacation action imposes a suspended punishment that had been adjudged by a previous Article 15.

In this case, the punishment consisted of a reduction to the grade of airman basic.

A senior airman with the 3rd Component Maintenance Squadron received a vacation action for not following technical data while installing an F-15 fuel transmitter.

A vacation action imposes a suspended punishment that had been adjudged by a previous Article 15.

In this case, the punishment consisted of a reduction to the grade of airman first class.

An airman first class with the 3rd Aircraft Maintenance Squadron drove a vehicle under the influence of alcohol and drank alcohol while on weekend stand-by duty.

His punishment consisted of a reduction to the grade of airman basic, restriction to the limits of Elmendorf for 30 days and 30 days extra duty.

*(Courtesy of the 3rd Wing Legal Office)*



COURTESY PHOTO

## POW/MIA

**Master Sgt. Manny Pinero, 3rd Mission Support Squadron, performs master of ceremony duties during a deployed POW/MIA ceremony. Sergeant Pinero is the first sergeant for the 386th Expeditionary Logistics Readiness Squadron, and is currently deployed to Southeast Asia. Elmendorf currently has almost 600 members deployed to more than a dozen locations worldwide in support of Air Expeditionary Forces 7/8.**



# Arctic Life

*Great living in the great land*

## Lock-in leaves loads to Red Cross

**By Master Sgt. Tommie Baker**  
3rd Wing Public Affairs

What has more than 350 limbs, a seemingly perpetual amount of energy, and the ability to help others in need?

In this case, that would be the School Age Program Lock-in held Sept. 30 at the Ketchikan Child Development Center. The lock-in raised more than \$2,100 which was donated to the Red Cross Hurricane Relief Fund.

Nearly 70 children gathered at the Ketchikan CDC for, to them, a chance for a fun-filled night with friends. All 19 staff members supporting the event volunteered their time.

As the evening began and all the children and staff gathered, the first matter at hand was the true reason for the gathering...the presentation of a check for more than \$2,100 to the Red Cross.

There were so many activities scheduled, it was difficult to even fathom possibly partaking in all of them. There was bingo, crafts, computer and video games, sewing, bowling, movies, and of course, snacks.

Restlessly assembled on the stage, the children listened as Ben Blanchet, a volunteer for the Red Cross' Armed Forces Emergency Services Station here at Elmendorf briefly spoke to them and accepted the check.

"The Red Cross isn't just any particular group of people, it's everybody, even you," he told the children. "What you are doing here tonight is going to make a difference."

The lock-in was part of the School Age Program's efforts to help the children understand the importance of community involvement.

"We got to thinking, how can we get the kids involved in hurricane relief efforts?" said Diane Jackson, event coordinator. "We came up with the idea of this lock-in and contacted the Red Cross, who said they would greatly appreciate any support we could give them."

Though the evening was focused on a means for the children to have a fun time, the outcome was an outpouring of support for others in need.

Aside from the time the staff volunteered to support the lock-in, there are many ways to help throughout the community.

"The Red Cross is training anyone 18 (years old) or older that wants to go help down in the New Orleans area. We provide two days of training in mass care and family services. After that, we'll pay to send these volunteers down there, we pay for their room and board, and we'll pay to fly them back up here," said Mr. Blanchet. "Those who volunteer will be driving trucks and performing various other duties for three weeks."

For information on volunteering, or any other Red Cross program, call the Elmendorf Station American Red Cross at 552-5253, visit <http://www.elmendorf.af.mil/Othorgs/ARC/webdocs/volunt.html> or email [redcross@elmendorf.af.mil](mailto:redcross@elmendorf.af.mil).



**Above: William McDonald pounds a drum as the nearly 70 children present at the School Age Program Lock-in held Sept. 30 at the Ketchikan Child Development Center await the presentation of a check for more than \$2,100 to the Red Cross Hurricane Relief Fund. All proceeds from the lock-in went to the fund.**



**Above: Bryce Wilmouth gleefully gets her hair done up by Danielle White, one of the Child Development Center employees who volunteered to support the evening's events at the School Age Program Lock-in held Sept. 30 at the Ketchikan Child Development Center. All staff members supporting the event volunteered their time.**

**Right: Aaron Norris, like many other of the children present, plays a video game at the School Age Program Lock-in held Sept. 30.**



**Below: Spirit Conley takes a break from the excitement of the evening at the School Age Program Lock-in held Sept. 30 at the Ketchikan Child Development Center.**





# Arctic Warriors light 'em up!



Top left: Senior Airman Wilson Castro, 3rd Communications Squadron, and Airman 1st Class Carina Kelly, 3rd CS, string lights down 4th Ave. The Elmendorf volunteers strung lights from C Street to L Street.

Top center: An Elmendorf volunteer tests the light to make sure they all work. Volunteers also hung lights in the trees surrounding the Veteran's Memorial.

Far right: Senior Airman Sabrina Martino, 3rd Equipment Maintenance Squadron, hangs lights in the trees for the 22nd annual City of Lights Ceremony. Right: Senior Airman Mandy Weidig, 962nd Airborne Air Control Squadron, uses a pole to hang lights out of her reach. Above: Staff Sgt. Kelly Kaiser, 3rd Civil Engineer Squadron, hangs lights as Senior Airman Angela Dines, 3rd CES looks on. On the cover: Staff Sgt. Shannon Boyd, 3rd Aircraft Maintenance Squadron, Airman 1st Class James Jones, 3rd EMS and Senior Airman Miguel Lara, 3rd CS hang lights on the trees lining 4th Ave.



## Elmendorf helps with city project

By Senior Airman Jared Marquis  
3rd Wing Public Affairs

As has become custom, Arctic Warriors are helping the surrounding community light up the dark hours of winter by stringing lights for the 22nd annual City of Lights. Anchorage will burn brightly starting with a lighting ceremony Oct. 28 at 6 p.m.

The official Anchorage Chamber of Commerce City of Lights, Lighting Celebration will take place in Town Square Park and Chief Alex Park in Eagle River, when all the lights will be turned on simultaneously.

The program began in 1984 when then-mayor Tony Knowles invited the community to "light the street corners for our kids."

Since then, businesses and residents of Anchorage have been encouraged to decorate their neighborhoods with miniature white lights from October until March to help make Anchorage "the brightest city in the north," according to the Anchorage Chamber of Commerce website.

Elmendorf helped this year by hanging lights in the trees surrounding the Veterans Memorial

and also did all of 4th Ave from C Street to L Street, including all the side streets Sept. 27 and 29.

Tech. Sgt. Tiffany Garcia, 3rd Mission Support Squadron and base event coordinator, said Elmendorf Airmen jumped at the opportunity to help the community.

"I received 110 volunteers, and had to start turning people away on (Sept. 29)," she said.

The Armed Services YMCA helped keep the volunteers warm by delivering hot chocolate and other treats.

One of the reasons Sergeant Garcia volunteered for the project was community service.

"When I saw the e-mail, I thought wow, it would be great to be a part of something like that in the Anchorage area," she said.

The Chamber also urges residents and businesses keep the lights on until the last Iditarod musher reaches the finish in Nome in March.

Altogether, the municipality and the Chamber of Commerce will oversee the stringing of more than 200,000 lights before the kick-off ceremony.



PHOTO BY TECH. SGT. KEITH BROWN





## Air Force Catering brings tasty treats

By Mrs. Mary Rall  
3rd Services Marketing

Club members will have an opportunity to sample the best the Air Force Catering has to offer at a Fourth Annual Catering Extravaganza Oct. 13 from 11 a.m. to 2 p.m. at the Susitna Club.

The event will feature taste treats from the catering menu to include items such as appetizers, desserts, and items to accompany themed buffet events.

Featured food items will be displayed among a variety of table settings and themes that can be booked through the catering service.

Although this event is open to all military service-members and DoD civilians, eligible patrons to the catering program are limited to club members.

Further, club members who book a function at the Catering Open House can

take advantage of a 10 percent discount offered only at the event itself.

The club can book events for a large variety of functions to include weddings, graduations, retirement parties, birthdays, wakes, office picnics, anniversaries and promotions.

Also, while catering events may be booked at the Susitna and Kashim clubs, Air Force Catering also offers a Carry Out Catering service for patrons to take advantage of. This service is ideal for special functions off base, at home, or in the office and can be arranged with a simple phone call.

The club offers an experienced staff willing and able to answer any questions patrons may have regarding the catering program or adding just the right touch to special functions.

Individuals interested in

seeing how Air Force Catering can enhance their event are welcome to stop by the Catering Open House or to logon to [www.elmendorf-services.com](http://www.elmendorf-services.com) to browse the catering brochure located on the Club's page.

Although the catering program is open only to club members, nonmembers interested in taking advantage of the program or booking events at club facilities can stop by the Susitna or Kashim clubs to fill out a membership application.

Virtually all eligible club patrons, to include active-duty military members, reservists, national guardsmen, retirees, Department of Defense employees, and civilian contractors will be approved for membership.

For more information on becoming a club member or on Air Force Catering, call 753-3131.

**STAR TIME:** The Family and Teen Talent Show will take to the stage from 7-9 p.m. at the Susitna Club. 753-3131

**MOVIE:** *The Skeleton Key* (PG-13) Caroline is a twenty-five-year-old hospice worker who cares for the ailing and the elderly, a job designed to atone for her own mistake for ignoring her dying father in the past, when she had been a rock 'n' roll manager. 7 p.m.

## ...:sat

**MILITARY SALUTE:** A very special salute to the military will take place by the band, 1 Enemy 3, at the Kashim Club's Glacier Nite Club at 9 p.m. 753-3131

**MOVIE:** *The Skeleton Key* (PG-13) See movie description above. 7 p.m.

## ...:sun

**FAMILY FUN:** Take in the fun of Family Xtreme Bowling and get two hours of Xtreme bowling, shoe rental, two pitchers of soda and popcorn for \$30 for up to six people per lane from 1-8 p.m. at the Polar Bowl. 552-4108

**MOVIE:** *Undiscovered* (PG-13) An aspiring New York model falls in love with a struggling musician when they suddenly cross paths on a subway train. Having achieved success as a model, she decides to move to L.A. to launch an acting career. 7 p.m.

## ...:fyi

**FALL FEST:** Celebrate the changing of the seasons at Fall Fest, Oct. 28-30 at the Yukon Activity Center on Rickenbacker Ave. and spreading into the parking lot of the old Commissary. The event will include a haunted house, live bands, entertainment, trick or treat booths, hay and dogsled rides, a pumpkin patch, food, adult beverages, a Kris Kringle Market, a travel show and more. 552-8529

## ...:inside the fence

**Give Parents a Break,** Today, 6-11 p.m. at the Denali Child Development Center. 552-8304

**Open Bowling,** Today, 5 p.m. to 1 a.m. for \$2.75 per game at the Polar Bowl. 552-4108

**Super Friday,** Today, 5-6 p.m. featuring snacks and specials at The Cave and the Kashim Lounge. 753-3131

**Bowling Night,** Saturday, 1-3 p.m. for \$15 at the Young Adult Center. 753-2371

**Sunday Brunch,** 10:30 a.m. to 1:30 p.m. at the Susitna Club. 753-3131

**Live Football,** Watch the biggest games via satellite Sunday at the Kashim Club. The doors open at 8:30 a.m. Open to all ranks. 753-3131

**Airmen's Special,** E-4's and below and their families receive a 50 percent discount on all open bowling and shoe rentals Monday, 5-9 p.m. at the Polar Bowl. 552-4108

**Free Fountain Drinks,** With the purchase of any menu item Monday at the Eagle's Nest at Eagle Glen for its last day of operation for the season. 552-3821

**Bring an Airman to Lunch Day,** Supervisors receive half-off the Airman's meal Monday from 11 a.m. to 1 p.m. 753-3131

**Football Frenzy,** Qualify to get a trip to the Super Bowl and free food when your pre-registered team plays Monday at 5 p.m. at the Kashim Club. 753-3131

**Bowler Appreciation Night,**

Enjoy bowling for \$1.75 per game Tuesday, 5-9 p.m. at the Polar Bowl. 552-4108

**Early Childhood Music Classes,** Tuesday and Thursday, 9:30-10 a.m. and 10:15 to 10:45 a.m. at the Arctic Oasis Community Center. 552-8529

**Children's Story Time,** Tuesday, 10:30 a.m. at the Library. 552-3787

**Take It, Make It Crafts,** Free to take home throughout the day Tuesday at the Library. 552-3787

**Family Child Care Training and Orientation,** Tuesday-Oct. 14, 3-9 p.m. at building 5091. 552-3995

**Wednesday Night Madness,** Enjoy unlimited bowling Wednesday, 5-9 p.m. for \$18 per lane for up to five people at the Polar Bowl. Shoes not included. 552-4108

**Red Pin Bowling,** Get a strike with a red head-pin and receive a free game for every paid game Thursday, 5-9 p.m. at the Polar Bowl. 552-4108

**Morning Coffee Conversation,** Thursday, 10:30-11:30 a.m. at the Arctic Oasis Community Center. 552-8529

**Boss and Buddy Night,** Thursday, 4:30 p.m. at the Kashim Club. 753-3131

**Ceramic Studio Time,** Pick your project Thursday-Oct. 14 for \$5 per day from 5-9 p.m. at the Arts and Crafts Center. 552-7012

**Christmas Ball Covers Beading,** Thursday and Oct. 20 from 6:30-9:00 p.m. for \$9.75 for the beading

kit and \$25 for the class at the Arts and Crafts Center. 552-7012

**"Croptober Fest" Scrapbooking,** All day scrapping with carry-in dinner Thursday from 11 a.m. to 3 p.m. for \$10 for the day, Bring a dish and photos, featuring Creative Memories artist Cari Collins at the Arts and Crafts Center. 552-7012

**Bless Us O' Lord Ceramic Bowl or Plate,** Thursday and Oct. 20, 6-9 p.m. for \$25 at the Arts and Crafts Center. 552-7012

**Open Bowling,** Oct. 14, 5 p.m. to 1 a.m. for \$2.75 per game at the Polar Bowl. 552-4108

**Beginning Crochet Fall Afghan,** Oct. 14 and 21 from 5:30-7:30 p.m. for \$35 at the Arts and Crafts Center. 552-7012

**Autumn Leaf Plate Glass Painting,** Oct. 14 and 21 from 5:30-6:15 p.m. for \$35 at the Arts and Crafts Center. 552-7012

**Seasonal Holiday Bisque Items Reduced 50 Percent,** Oct. 14-17 at the Arts and Crafts Center. 552-7012

**Hillberg Pro Shop Opens,** Oct. 14 from noon to 6 p.m. 552-4838

**Teen Movie Night,** Oct. 14 from 7-9 p.m. for \$8 at the Young Adult Center. 753-2371

**Taco Bar Social Hour,** Oct. 14 from 5-6 p.m. featuring snacks and specials at The Cave and the Kashim Lounge. 753-3131

\* Arts and Crafts Center classes must be signed up for three days in advance.



# Hispanics in Uniform

By **Capt. Tony Wickman**  
Alaskan Command Public Affairs

**ACROSS**

- 1. Southern state, in short
- 4. Mandible
- 7. Briefcase
- 10. Chests
- 13. Bickered
- 14. Cloister
- 15. Killer whale
- 16. Cognizant
- 18. Leg joint
- 20. Tiger Woods’ org.
- 21. Model Carol
- 22. German city
- 23. Map maker \_\_\_\_-McNally
- 25. More parched
- 27. Prehistoric stone or metal tool; chisel, ax head
- 28. Burned
- 30. Cheerfully
- 32. Large tub
- 33. USAF restricted area badge grade category

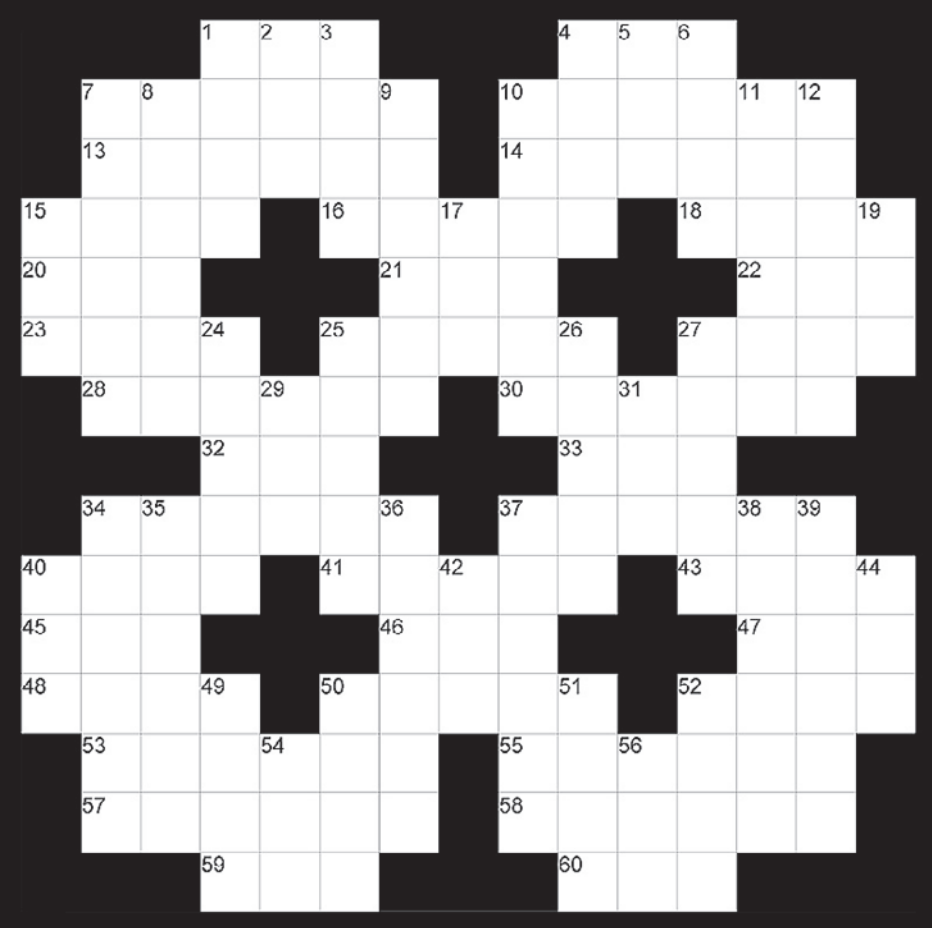


*Last week’s solutions*

- 34. Undercoat, in painting
- 37. Economize
- 40. Dry
- 41. Cowboy competition
- 43. BG \_\_\_\_ R. Esteves; first Puerto Rican West Point graduate
- 45. Gun the engine
- 46. Prohibit
- 47. Sen. counterpart
- 48. Civil War icon John Lincoln \_\_\_\_; Drummer Boy of Chickamauga
- 50. USA Capt. Euripides \_\_\_\_; Viet-nam-era MoH recipient
- 52. Printing measurement
- 53. Eye parts
- 55. Passport
- 57. Hammer
- 58. Bar seats
- 59. Popeye’s girl Olive
- 60. Approves, in short

**DOWN**

- 1. Aquatic, eukaryotic, photosynthetic organism
- 2. Charlie’s Angels actress Lucy
- 3. On a ship
- 4. Pvt. \_\_\_\_ P. Martinez; first WWII Hispanic MoH recipient
- 5. Burn residue
- 6. Grind
- 7. USMC Maj. Jay R. \_\_\_\_, Jr.; Viet-nam-era MoH recipient
- 8. Ancient
- 9. \_\_\_\_Hidalgo; first Hispanic SEC-NAV (1979)
- 10. Trade
- 11. Capt. \_\_\_\_ J. Fernandez; USAF aerial ace (14.5 kills-Korea)
- 12. Odorous
- 15. USAF officer eval
- 17. Boxing legend



- 19. Medic, in short
- 24. Hispanic \_\_ G. Farragut; first Admiral of the U.S. Navy
- 25. Dissuade
- 26. USA Warrant Officer Louis R. \_\_\_\_; Vietnam-era MoH recipient
- 27. Courteous
- 29. Sign of Aries
- 31. Title for male officer
- 34. Early round, as in a tournament
- 35. Adm. Horacio \_\_\_\_; first Hispanic four-star USN admiral
- 36. Fit

- 37. Sequence
- 38. American writer Rukeyser; The Gates (1944)
- 39. Slices
- 40. Circle part
- 42. Clump
- 44. Health resort
- 49. Venus de \_\_\_\_
- 50. Fishing gear need
- 51. Atop
- 52. Experts
- 54. Cunning
- 56. Alaska town





# Kulis Airman makes a splash in England

**By Tech. Sgt. Martie Moore**  
421st Air Base Squadron Public Affairs

A Kulis Airman recently competed in the Component Command Air Headquarters Ramstein Swimming Championship held Sept. 20-22 at RAF College Cranwell, England.

Capt. Jennifer Haney, 176th Air Control Squadron, Alaska Air National Guard and team captain for the women, competed with the U.S. Air Forces in Europe team which took second place to Germany with 64 overall points.

Capt. Haney was the only returning competitor from last year's women's team. The communications officer took first in the 100-meter Women's Backstroke and second in the 50-meter Women's Butterfly.

She led the backstroke from the beginning of the race; but was neck and neck during the butterfly.

"(During the backstroke) I was in first place and it was exhilarating, I knew no one was going to catch me," said Captain Haney. "I got second in the butterfly, she out touched me, my blood is still boiling over that one."



PHOTOS BY TECH. SGT. JEREMY LOCK

**U.S. Air Forces in Europe Woman's Swim Team captain Capt. Jennifer Haney, 176th Air Control Squadron, Kulis Air National Guard Base, swims laps Sept. 20 during warm ups. The USAFE team came together for training camp Sept. 14-19 at RAF Alconbury. The Component Command Air Headquarters Ramstein Swimming Championship was held at RAF College Cranwell, England, Sept. 20-22.**

She said it's frustrating when she fights tooth and nail and loses by a touch.

"It's all about winning," she said. "But you do it more for the team than yourself ... you don't want to let them down."

"Although swimming is primarily an individual sport, I believe that team camaraderie and a positive atmosphere are essential to success," said the men's coach/swimmer Capt. Charles Toth, Occupational Health Element Chief, 31st Aerospace Medicine Squadron.

"Therefore, I try to emphasize cohesiveness and maximum participation during our 'sight-seeing' or down time. I believe that if the individuals are relaxed and comfortable, they will be more likely to perform at peak levels."

The swimming contest included participants from the German Air Force Tactical Command, the Belgian Air Component, the Royal Netherlands Air Force, the Royal Air Force and USAFE.

The USAFE team came together at training camp Sept. 14-19 at RAF

Alconbury.

The team coaches depend on the swimmers to dedicate themselves to training prior to arriving at camp due to their limited time to train.

"With swimming, training is critical in the months leading up to the competition," said the men's coach/swimmer Capt. Toth. "Then,

swimmers essentially rest in what we call a taper. This taper period can start anywhere from two weeks out or may only be a day or two depending on the individual. Therefore, we only did some limited sets to accelerate our heart rates and some limited hypoxic sets (breathe control). Our main focus was finalizing the roster and working on our relay exchanges."

With swimmers coming from as far away as California, Alaska and Nevada to join the team the coaches had less than a week to determine how to get the most out of their lineup.

"During camp we had time trials and I determined who (would) swim which event," said the women's coach Capt. Julie Freedman, Hanscom Air Force Base, Mass.

Although both the men's and women's teams placed second, the USAFE team gave an impressive performance, according to Captain Toth.

Captain Toth, the previous record holder in the 50-meters Men's Freestyle, broke his own record with a time of 23.48 seconds and the 4x100-meter Men's Freestyle Relay won in an upset with a time of 3:38:06 minutes, beating Germany, holder of the 2003 record and most consecutive wins.

"Well, to be honest, I was pretty surprised when I found out that I broke the record," said Captain Toth. "The first time I broke the record, I



**Capt. Jennifer Haney, 176 ACS, Kulis ANGB, prepares to step up on the starting block for the start of the 50m Butterfly Sept. 21 during the USAFE Swimming Championship at RAF Cranwell, UK.**

was actually training to get into the World Class Athletic Program in September 2002. My training was much more consistent. But I focused much more on weight training and adding strength to my strokes. I think that really benefited my swim, especially since I am a sprinter, so every tenth is critical."

"Overall we did really well, but the German's brought some really strong swimmers. They beat us this year and normally we [women's team] take first," said Captain Freedman.

Although the main purpose of the trip was for the competition, the swim team took advantage of being in the UK, visiting London, Cambridge and Peterborough.

"This was my first time in England – that it in itself is a great experience," said Captain Haney.

Another important aspect of the CC-Air Inter-Nation Sports events is the interaction between the countries participating.

"This year we were fortunate to play a 'friendly' game of water polo with the Dutch and the English," said Captain Toth.

"My favorite part about these experiences is the interaction with the military members from the other countries Belgium, England, Germany and Holland. It's great to form friendships and experience different cultures year in and year out."



**The Combined Federal Campaign officially kicked-off Monday. To support CFC, see your unit representative, or call Master Sgt. Mark Samborski at 552-8790.**



PHOTO BY AIRMAN 1ST CLASS GARRETT HOTHAN

## Strike!

**Members of the 3rd Civil Engineer Squadron, led by Col. Michael Hass, were the winners of the first ever, 3rd Mission Support Group Commander Challenge Bowling Tournament Sept. 29. The tournament featured 18 five-person teams in a nine-pin no-tap format. The 3rd CES won with the highest three-game series.**